



# Peninsula and Plains Orienteers Library

**BOOKS AVAILABLE FOR LOAN - contact Trish Faulkner**

AITCHESON, R. Orienteering : a guidebook for teachers, instructors and students. - Wellington : Govt. Printer, 1980

ACKLAND, Jon and Brett Reid. - The power to perform : a comprehensive guide to training and racing for endurance athletes. - Auckland : Reed, 1996

BENGTSSON, Hans and George Atkinson. Orienteering. - London : Ward Lock, 1977

BRATT, Ian. Orienteering : the essential guide to equipment and techniques. - London, Cape Town, Sydney, Auckland : New Holland, 2002

BRYAN-JONES, Gareth et al. Orienteering : training and coaching. - Matlock, UK : British Orienteering Federation, 1982 (3 COPIES)

CLAESSON, L. et al. Course planning. - Swedish Orienteering Federation and IOF, 1981 (2 COPIES)

COURSE PLANNING. - British Orienteering Federation . [1980?] (3 COPIES)

GILCHRIST, Jim and Lee, Jack. Orienteering instructors manual. Canada : Orienteering Ontario, 1984

HENLEY, B.M. Orienteering.- Wakefield, UK : EP Publishing, 1976 (3 COPIES)

HOLLOWAY, Wilfred. Modern orienteering training. - Marlborough, UK : 1979 (2 COPIES)

KIWISPORT orienteering coaching manual. - NZOF, 1990

NILSEN, Graham. Course planning. - Matlock : British Orienteering Federation, 1995

NORMAN, Bertil and Arne Yngstrom. Orienteering technique from start to finish. - Swedish Orienteering Federation, 1991 (2 COPIES)

PAYNE, Stuart. PAPO : the first twenty years 1977-1997. Prepared on behalf of the 20th Anniversary committee, 1997

PHILLIPS, Neil and Rod. Rogaining : cross-country navigation. - 3<sup>rd</sup> ed. - Melbourne : Outdoor Recreation in Australia, 2000

RAND, Jim and Walker, Tony. This is orienteering. - London : Pelham, 1976

RENFREW, Tom. Orienteering. - Human Kinetics, 1997

SALLINEN, Kari. Orienteering : an exciting and fascinating sport. SUUNTO, 1996 (2 COPIES)

SURGENOR, Ian. Water wood : the story of Bottle Lake Forest Park. - Christchurch : Christchurch City Council, 2000.

WILSON, Peter. Orienteering : a way of learning outdoor navigation.- Wellington : NZ Mountain Safety Council.

WOOD, MICHAEL. Are you getting the most from your map? Photocopies of 6 articles from "NZ Orienteering" 1995-1996