



ORC NEWS

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P.O. BOX 981, ORILLIA, ONTARIO L3V 6K8

Winter – 2005

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PRESIDENT'S MESSAGE

From: Barb Pidgen

2005 "BUY-AN-OAR" PROGRAM EXTREMELY SUCCESSFUL

With a lot of support from businesses and individuals, our 2005 Buy an Oar Program met with great success and we now have ALL sculling oars sponsored! 34 of them were sponsored in this year's campaign and 4 of them were sponsored back in 2001. Each oar cost \$295 and the following is the list of sponsors of all 38 of our sculling oars.

Many, many thanks to all our donors! You have helped us offer rowing to more people in our community.

NEW QUAD & RACING SINGLE FOR 2006!!!

We are ordering a brand new quad and a racing single for next season! We will be doing this using a lease/purchase plan. We can decide at the end of the season if we are going to purchase these boats. With everybody participating in fundraising next year, we will be able to make these purchases.

At the year-end dinner, participants filled in a ballot to help us decide what colour the new quad should be. Of 26 responses, the overwhelming favourite (22 responses) was: "yellow with navy deck" - same as the Kaschper double.

2006 "BUY-AN-OAR" PROGRAM HAS STARTED!

For next season we need 10 new sculling oars for our new quad and new racing single! We already have one oar donor.

Dr. Dan Moore has purchased a sculling oar. Many Thanks!

If you know any business, group, or individual that we should approach for sponsorship of an oar, please let us know.

We will provide a letter with more information.

OAR SPONSORS

- GIT Security
- The Madison County Food & Beverage Co.
- Scotiabank Orillia
- Orillia Lion's Club
- Rotary Club of Orillia – 2 oars
- Rotary Club of Orillia – Lake Country
- Laidlaw Education Services - 2 oars
- Michael Monteith Enterprises Ltd. - 2 oars
- Century 21 – Don Campbell Real Estate Ltd. – 2 oars
- Linda & Rick Dalmazzi - 4 oars (2001)
- Dr. Nancy Harris
- Dr. Anthony Reid
- Dr. David Stirling & Dr. Scott MacGregor
- Dr. Debbie McCloskey
- Vera & Gerry van Amelsvoort
- Dietmar Schaefers
- Carol & Hubert Schaefers
- Art & Else Cameron – 2 oars
- Barb & Ron Pidgen
- Vivian & Arden Pidgen – 2 oars
- Jim MacGorman
- Ans Wafelbakker
- Jackie & Bill Gandy
- Harper Tire – 2 oars
- Sanderson Monument Company
- M. Dwyer Engineering
- Daniel Sawatsky Chartered Accountant
- Gertrud & Joseph Schaefers

ORILLIA STUDENTS IN UNIVERSITY VARSITY ROWING PROGRAMS

This fall several Orillia students were involved in their university's varsity rowing program. Both Margot Herd and Cait Beresford coached novice crews at the University of Ottawa Ontario (Margot) and University of Western Ontario (Cait). Stephen Scott rowed for McMaster University and Katie Howson rowed for Brock University. Stephen won a bronze medal in Lightweight Men's Doubles at the OUA Championships in Welland! Congratulations Steve! That is a great achievement.

The Canadian University Rowing Championships took place in Victoria BC. in November. Stephen Scott attended for McMaster, rowing in the double and the men's eight. As well, 2 previous members of the Orillia Rowing Club rowed for their universities at this event - Brad Cutler rowed for Trent University and Laura Pidgen rowed for the University of Western Ontario.

Congratulations to all!! It is exciting to see our students participate at this level of rowing.

ORC AWARDS DINNER

Submitted by: Laurie Herd
Director of Events/Publicity

The Orillia Rowing Club celebrated another successful season with the 2005 annual dinner and awards night held at the Brewery Bay Food Co. Over 50 club members, family and friends of rowing attended this fun evening.

After a wonderful supper, the formal portion of the evening began with a presentation, by MPP Garfield Dunlop, of Province of Ontario "Certificates of Recognition" to 13 individuals representing 7 ORC crews, who received medals in a number of competitive regattas held this rowing season.

Congratulations to Sarah Pidgen and Kirsten Cameron, Vera Cameron-vanAmelsvoort and Barb Pidgen, Noah Schaefer and Tim Herd, Brad Ingleton and Bob Wink and the Canadian Sculling Marathon crew of Sarah Houlden, Heather Driver-Kerslake, Barb Davidson, Rhonda Lauer and Kathy Hunt for their fine competitive drive to produce such great results.

Retiring Directors Kathy Hunt and Lawrence Boyer were presented certificates of thanks from the Board. Past president Rhonda Lauer thanked them for their hard work and dedication.



The Orillia Rowing Club is still a new club on the rowing front, with a small board of directors who work very hard to see that programs are initiated and equipment made available and maintained for club members. Their work is tireless and ongoing and the club is able to expand and grow because of these efforts.

ORC's north central district RowOntario representative Catherine Barney presented Ron Pidgen and Laurie Herd Certificates of Merit as volunteers in rowing from RowOntario as voted by ORC's Board of Directors. Barney, along with club president Barb Pidgen presented Certificates of Appreciation to Laurie and Margot Herd for the successful development and



implementation of a new Secondary School Intro-Rowing Program in the 2005 season.

A new award to honour new club members and enthusiastic participants of this Secondary School Rowing Program

was developed by the board as initiated by former student and competitive rower Lynsi Henrickson. Henrickson was the inaugural winner of the Judith Gaudaur-Savage Memorial Award in 2002. Both a female and male participant were chosen to receive this new honour as presented by Margot Herd boathouse manager and Secondary School Program coach. The recipients were Laura MacIver (below), who was a dedicated competitor, and Blake Moore (below), an enthusiastic rower and club volunteer.



The history of the final award of the evening, the Judith Gaudaur-Savage Memorial Award was described by John Savage, son of the award's namesake. Savage is a great supporter of the Orillia Rowing Club and is heavily involved in the operation of the Ottawa New Edinborough Rowing Club in Ottawa.

Club president, Barb Pidgen presented the trophy to 3rd year competitive student rower Tim Herd (pictured above) for dedication to club volunteerism and rowing enthusiasm. Herd helped and participated in the Secondary School Program as an experienced rower, trained for and rowed on 2 competitive crews in the 2005 season and completed a large and varied volunteer component for the club while working 2 jobs during the rowing season; one being a part time boathouse staff member.

Cathy Campbell of Orillia Martial Arts Centre and trainer for the dry-land component of the School Program was on hand for the evening, as was RCA Rowing Official Bob Brown. Oar sponsors Pat and Thom Platt of Bygone Days Fish and Chips also enjoyed the evening with their family. Brewery Bay owner and oar sponsor Steve Clarke and staff did a wonderful job with the dinner and award arrangements and made us all feel extremely comfortable and welcome. Teviah Moreau of the Packet and Times did a fine pictorial representation of the

evening in the paper as well as a great article and photo of the award winners. Club Treasurer Ron Pidgen put together an excellent photo collage DVD of the season that was aired throughout the evening.

The club gratefully acknowledges the businesses and individuals who donated prizes for this event. Please support as we thank Windmill Garden Centre, Evans Flowers, Laidlaw Transportation, The Packet & Times, RowOntario, Keep it Real Records, Brewery Bay Food Co. and Catherine Barney of POE Design Port Perry, as well as the vanAmelsvoort and Herd Families and the Orillia Rowing Club.

With thanks and dreams of calm waters.

ORC CAMP SPONSOR **JOHN MAYO**

Submitted by: Laurie Herd
Director of Publicity/Events

John Mayo of BMO Nesbitt Burns (shown on the left) contributed \$1200.00 to The Orillia Rowing Club for the sponsorship of seven youth to attend the club's Row-for-Gold camp programmes held this summer in conjunction with Orillia Parks and Recreation. This sponsorship gave these children, who otherwise might not have been able to attend, the opportunity to learn new skills, work as a team, and enjoy the outdoors while discovering the awesome sport of rowing!

Shown with Mayo are Marcia



Feddes from Parks and Rec, Laurie Herd and Barb Pidgen from the Orillia Rowing Club.

ROWONTARIO CONFERENCE

ORC members Kathy Hunt, Barb Pidgen, Ron Pidgen and Laurie Herd attended information seminars and awards presentations at the annual RowOntario Conference held November 5th at the Waterford Inn and Dons Rowing Club. Patrick Okens, RowOntario Executive Director and Catherine Barney, North Central Representative are shown with Ron and Laurie after they received their "RowOntario Rowing Volunteerism Certificates" in appreciation for their involvement with the sport. This award was voted for by the Club Executive.



RACING RESULTS

Submitted by Laurie Herd,
Director Events/Publicity

Canada Summer Games

Wow!!! Team Ontario won 9 gold medals, 3 silvers and 1 bronze at the 2005 Canada Summer Games. From this event Orillia Rowing Club's Laura Pidgen won several new medals. Her "four" won gold, the "eight" won silver and the "pair" just missed.

Ontario's results from Thursday's finals:

Men's Lwt 4- first / Men's 1x first
Women's 2- fourth / Women's
4x first / Men's 2- third / Men's 4x first
/ Women's 8+ second

Ontario's results from Friday's finals:

Women's Lwt 2x first / Women's 1x first
/ Men's 2x first / Men's 4- second /
Women's 4- first / Women's 2x first /
Men's 8+ second

2005 RowOntario Champs ORC

Competitive ORC students attended the RowOntario Championships in Welland, home of the South Niagara Rowing Club. This two day Provincial Regatta was attended by rowing clubs

from all over the province including University clubs as well as exhibition participation from the Provincial and Junior National teams.

The 2000m course was hot and windy on Saturday, with a strong tail wind on Sunday as well as light rain showers to cool things off.

The Orillia Rowing Club had 9 students participating in six events with 2 boats making the finals.

In the Under 17 Women's single, Sarah Pidgen rowed "On the Fly" to a 3rd in her heat and, in the finals, 4th place - just 1.5 seconds behind the bronze medal boat. The women's Under 17 Double of Pidgen and Kirsten Cameron rowed hard in the Kaschper for 3rd in their heat and 4th in the final.

Under 17 Men of Tim Herd and Noah Schaefer had a strong row in the Kaschper to finish a close 4th place. The Under 19 doubles crew of Herd and Stephen Scott finished 6th.

Rowing the RCA pair were Under 19 Women of Laura MacIver and Steph Duquette who had a strong row and were cut off in the last 500m but still finished in 5th position. The Under 19 Women coxed 4 crew of Duquette, Tyhme Thompson, Kitrina Typhair, MacIver and coxie Herd had a great race in the Ashleigh to finish 5th.

Well done Orillia Crews! Keep training hard the Royal Canadian Henley is just around the corner!

ORC Henley Results

The Orillia Rowing Club was proud to be represented at the 123rd Royal Canadian Henley Regatta in St. Catharines this year by 9 student rowers and 4 adults. This week long international event brought participants from all over Canada, the United States, Mexico and elsewhere. Some of Orillia's athletes raced under some of the hottest conditions this summer with the humidex topping the 44degree mark.

Sarah Pidgen kept her cool while rowing her single, On the Fly, to finish the 2000m course 1st in her heat and finished 4th in the semi-final.

In double sculls Junior Women, Pidgen and Kirsten Cameron rowed against tough competition to place 3rd in their heat just a second behind to qualify for the semi's. Under 19 Men of Tim Herd and Noah Schaefer had a clean row and finished 6th while the Under 19

Mens crew of Herd and Stephen Scott had a strong row but could not hold on to their 3rd place spot due to weedy interference, to finish a close 5th.



Rowing RCA in the Womens Under 19 Pairs event Laura MacIver and Stephanie Duquette had a strong straight row to finish 4th in their heat while the coxed 4 crew of Duquette, Tyhme Thompson, Kitrina Typhair, MacIver and coxie Cameron rowed Ashleigh to finish 6th.

Orillia Masters had a good showing on the 1000m Henley course. Barb Pidgen sculled her On the Fly single to place 3rd in her heat and finalled to 5th place while Pidgen and Vera Cameron vanAmelsvoort rowed the RCA double to 5th place in their heat. Mens doubles crew of Bob Wink and Brad Ingleton rowed Gold Barr for a 3rd place finish in their heat and finalled to 5th place.

Well done team Orillia!

Results for Wrec'nRow Barrie

The Orillia Rowing Club attended the Wrec'n Row regatta hosted by the Barrie Rowing Club, with 16 club members participating in 12 events including novice, junior and masters mens, womens and mixed categories in doubles, quads, coxed fours and eights races. Six ORC club shells with equipment were driven to Barrie for this fun, recreational regatta.

The Orillia Rowing Club had a great showing in 3rd place or better in all events bringing home 3 firsts, 10 second place finishes and one 3rd.

Pictured at the dock in the mixed coxed four event were 1st place finishers (left to right or back to front) Jon McRae, Tia Culley, Alison Burrell, Blake Moore coxie Jordon O'Coin (not shown) and (2nd picture) 2nd place finishers of the same event



(left to right front to back) coxie Tim Dwyer (not shown) Rhonda Lauer, Barb Davidson, Doug Wiles and Don Salmon.



Blake Moore, Noah Schaefer, Tim Herd and coxie Ron Pidgen completed the Head Race in 15:37:3 and the sprint in 1:35 with an overall average of 75.32%.



Other Orillia Rowing Club members who participated included Lawrence Boyer, Lib Ford, Kathy Hunt, Noah Schaefer, Sandy Patrick and Kim Moore.

Western Invitational Results

The Orillia Rowing Club attended the Western Invitational regatta held on Fanshawe Lake in London, Ontario home to the University of Western Ontario Rowing. This regatta averages the times of a 3.8 km head race for endurance plus a 400m sprint component.

Three Orillia crews raced against University crews and finished 1st in their categories to all came back with medals for their effort.

In the Jr Women's double sculls Sarah Pidgen and Kirsten Cameron completed the Head race in 16:46:4 and the sprint in 1:39 with a 80.82% average finish time overall.

Masters women double, rowing Gold Barr were Barb Pidgen and Vera Cameron vanAmelsvoort had a Head Race time of 16:20:2 and sprint time of 1:45 to finish with an average of 77.34%.

Rowing Ashleigh, Junior Men in the coxed 4 event of Jordon O'Coin,



Well done Orillia crews!

Canadian Sculling Marathon,

This new event was hosted by the Ottawa New Edinburgh Rowing Club on Sunday, August 28 on the Ottawa River. It was a 42 km (marathon distance) row on the Ottawa River circling Kettle, Upper Duck and Lower Duck Islands. Rowing Clubs throughout Ontario took part in the event which also included half-marathon and 10 km distances

The ORC Crew of Sarah Houlden, Rhonda Lauer, Barb Davidson, Heather Driver-Kerslake, Kathy Hunt (left to right as pictured) placed first in their class (coxed 4 touring boat) and third overall with a time of 4 hours and 5 minutes.



Head of the Thames Results

The Head of the Thames is a 5 km head race in London, Ontario where crews race against the clock in various categories.

4+ Coxed Four Junior Men of Jordon O'Coin, Blake Moore, Noah Schaefer, Tim Herd and coxie Tim Dwyer rowing in the Jim Wilson Chevrolet Ashleigh placed 7th out of 12 crews with a time of 21:35. A wonderful



achievement given that all but one of the crew members are new rowers

2x Double Sculls Junior Women Steph Duquette and Laura MacIver placed 6th out of 9 crews with a time of 23:47 Great job - and a promising future given girls teamed up together for first time this year

2x Double Sculls Junior Women Sarah Pidgen and Kirsten Cameron doubles sculling partners for three years now - brought home the silver medal with a time of 22:04.

2x Doubles Masters Women Barb Pidgen and Vera Cameron vanAmelsvoort placed 3rd out of 12 crews with a time of 21:46

Head of the Trent Results

The Orillia Rowing club attended the Head of the Trent Regatta in Peterborough on Saturday, October 1st hosted by the Peterborough R.C. and Trent U. Rowing. This 5km course presented challenges, as crews raced against the clock. This year the weather was perfect, the scenery gorgeous and the wind very light to make this last regatta of the season for ORC crews an extremely enjoyable experience.



Women's Master Double (2x) sculls rowers Barb Pidgen and Vera Cameron vanAmelsvoort rowed the Kaschper to finish a close 5th out of 15 in a time of 21.26.935 while Masters Men Bob Wink and Brad Ingleton raced "Gold Barr" to 2nd place out of a field of 11 with time of 19.04.749.



In the Women's coxed four event, rowing the Jim Wilson "Ashleigh", were Kathy Hunt, Sarah Houlden, Barb Davidson, Rhonda Lauer and coxie Heather Driver Kerslake who finished 12th out of 22 in 21.48.483 just 2



minutes behind the lead boat.

Rowing in the women's club eight category 10 place finishers Tena Jackson (Barrie), Lauer, Sandy Patrick, Laurie Herd, Hunt, Driver Kerslake, Davidson, Holden and coxie Torrie (Trent U) were pleased with their time of 20.38.671 - a top 3rd placement in the masters and recreational divisions.

UPCOMING EVENTS

Donation by P.D. Murphy Jewellers

We have received a donation of a sterling silver bangle bracelet in the shape of an oar from P.D. Murphy Jewellers.



The bracelet with the engraving "Orillia Rowing Club" is worth over \$300! We are very grateful for this donation and will use this bracelet in a fundraising raffle next spring. Many, many thanks to John Murphy and P.D. Murphy Jewellers for their generosity!!

Winter Indoor "Erg-Away" Regatta!

Submitted by: Laurie Herd
Director of Publicity/Events

The Orillia Rowing Club is planning a fun "Erg" Event on **Sunday, January 15, 2006**. There are a number of club members presently doing some winter erg training at this location. Although "erging" may not be as enjoyable as rowing, it is a training tool that most closely mimics the sport besides being an exceptional cross-training exercise with benefits for all sports.

The Club Executive is inviting all Rowing Club members in Orillia, Barrie & Midland to attend and, as well, would like to open it up to students at the four Orillia Secondary Schools. Let's get active together this winter!
Registration: 9:00 a.m.
How to Erg Clinic: 9:30 a.m.
Group Warmup to follow
Where: Orillia Martial Arts Centre, 3 Brammer Drive, Unit 2. (off of

Hughes Road)

Erg Events begin 10:00 a.m. :

Male, Female

Under 17- 19 - 23 years, Masters

In 500M & 1000M & Team Challenge Events

Cost: \$10.00 per person includes fruit snack. Bottled water & power beverages available on site. Registration & waiver forms available Jan. 2, 2006.

Confirmation by Wed. Jan. 11, 2006

For information call Laurie Herd @ 326-7023 or lherd5129@rogers.com

Fundraising Opportunity For High School Participants

If a team or group in your school would like to use this event as a fundraising opportunity please contact Laurie Herd at 326-7023. We are looking forward to working with you and to have your students attend this fun event! Let's get active together as we "Erg Away Winter"!

Cross-Country Ski Event

Once again Brenda Jenkins is organizing a club get-together for good food, good company, and good exercise.

Date: Saturday January 28, 2006

Meet @ : 10:00 a.m. in the

Zehr's parking lot

Ski @: Cross Country Ski at Horseshoe

Potluck Dinner: Brenda Jenkins'

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