VIC HIKING AND MOUNTAINEERING CLUB Programme 1 October 2009 – 31 January 2010

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Aims and activities of the Hiking and Mountaineering Club

The aims of the Club are to encourage and to provide opportunities for hiking, mountaineering and other similar outdoor activities; and thereby to infuse a spirit of adventure and create love and interest in nature's beauty, its fauna and flora among the staff members of International Organizations, their families and friends.

HIKE LEADERS are volunteers from different countries; they have different styles of walking and organizing a hike. Do not hesitate to contact hike leaders (outside of office hours if possible) if you want more information about a hike before deciding to participate.

Hiking Programme 2009 - 3 Summary

No.	DATE	HIKE LEADER	DESTINATION	CLASS	
	Sat 3 October	Deadline for regist			
1	Sun 4 October	Peter Jirak	Peter Jirak Dunkelsteinerwald - Wetterkreuzkirche		
<u>2</u>	Sun, 11 October	Peter Vacek	Flatzer Wand	B-5	
<u>3</u>	Sat, 17 October	Christine Colella	Cycling on the tracks of Joseph Haydn: Petronell – Rohrau - Eisenstadt	Ca. 50 km, a little hilly	
<u>4</u>	Sun, 18 October	Peter Jirak	Öhler & Schober (1213 m) - Autumn Colours	C-5 ½	
<u>5</u>	WE 23-26 October	Paul Hesp	Murau area	B/C,brisk pace	
<u>6</u>	Sun, 25 October	Peter Vacek	Waxeneck	B-5	
<u>7</u>	Sat, 31 October	Christine Colella	Cultural walk St. Marxer Friedhof	A-2	
<u>8</u>	Sun, 1 November	Yvonne Schmidt	Stadtwanderweg 8, Sofienalpe	B 3-4	
	Wed 4 November	Deadline for regist	Deadline for registration, Hike No. 10		
<u>9</u>	Sun, 8 November	Peter Jirak	Hocheck (1037 m)	C-5	
<u>10</u>	Wed 11 November	Hesp, Paul	Crispy duck evening walk	A1	
<u>11</u>	Sat 14 November	Christine Colella	Cultural Walk "On the tracks of Joseph Haydn"	A-2/3	
<u>12</u>	Sun, 15 November	Christine Colella	Martini hike to Valtice, Czech Republic	A-3 ½	
<u>13</u>	Sun, 22 November	Peter Jirak	Kaltenleutgeben - Heiligenkreuz - Baden	A-4 or B-5	
	Fri 27 November	Deadline for registration, Hike No. <u>15</u>			
<u>14</u>	Sun, 29 November	Maria Hofmann	Mauerbach - Salmannsdorf	B 4	
<u>15</u>	Tues, 1 December	Colella, Christine	Slide show on an expedition to Nepal and Tibet		

	Fri 4 December	Deadline for regist			
<u>16</u>	Sun , 6 December	Peter Jirak	Wilhelmsburg - Plambachecker Höhe - "Grünauer Advent"	A-3	
<u>17</u>	Sat, 12 December	Wittgrefe, Frits	X-mas in Bratislava	A2-3	
<u>18</u>	Sun, 13 December	Peter Vacek	Südlicher Wienerwald Höllenstein	B-4 ½	
<u>19</u>	Sun, 20 December	Christine Colella	Pfaffstättner Kogel and Anninger	B-4	
	Thu 31 December	Deadline for registration, Hike No. 23			
<u>20</u>	Sat, 2 January	Günter Wonisch	Wienerwald	A/B-4	
<u>21</u>	Sun, 10 January	Maria Hofmann	Bisamberg	A 4	
<u>22</u>	Sun, 17 January	Peter Jirak	Klosterneuburg - Windischhütte	B-4 ½	
<u>23</u>	Fri 22- Mon 25 January	Wittgrefe, Frits	Snowshoeing Maria Waldrast	B-3, 3 times B/C 5-6	
<u>24</u>	Sun, 31 January	Peter Vacek	Anninger	B- 4 ½	
	Sun 31 January	Deadline for registration, Hike No. 25			
<u>25</u>	Friday 26 February – Monday 1 March	Wittgrefe, Frits	Snowshoeing at the Tauplitzer Alm	B3, 3 times BC5-6	

Advance notes

Ad-hoc snow show hikes Announced by e-mail

July 2010 S. Pinggera Canadian Rockies: Jasper & Lake Louise National Parks

Club Officials

Name	Tel	Fax	Answ mach.	E-Mail	Notes & Contact hours
Hofmann, Maria President	P. 0680/304 58 15 O: 2600/22226	no		mmhof@gmx.at M.Hofmann@iaea.org	
Ehrenfeldner, Margarethe Vice-President	O. 26060-4161 P. 403.90.98	No	yes no	margarethe.ehrenfeldner@incb.org	
Karpischek, Irene Treasurer and assistant, Membership list	P. 524.23.87 O. 2600-21179	No 2600- 72117 9	Yes Yes	I.Karpischek@iaea.org	
Colella, Christine Coordinator & Adviser	P. 523.64.68 mob: 0699- 88453263	same	yes	christine.colella@drei.at	Mobile for urgent matters only
Slater, Christine Contact for inquiries and distribution	O. 2600-26059 P. 0676 393 0408		Yes No	C.Slater@iaea.org	
Gauthier, France Programme Co-ordinator	P. 532.45.46 mob:0664- 6480093	no	yes	fg8181@gmail.com	
Hesp, Evelyn Proof-reading/editing of programme	P. 328.13.02			evelynhesp@gmail.com	

Hike Leaders

Name	Tel	Fax	Answ mach.	E-Mail	Notes & contact hours
Colella, Christine	P. 523.64.68 mob.:0699-88453263	same	yes	christine.colella@drei.at	Mobile for urgent matters only
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Hesp, Paul	P. 32-81-302	no	yes	Paul.Hesp@tele2.at	
Hofmann, Maria	O.2600-22226 Mob. 0680-3045815			mmhof@gmx.at	
Jirak, Peter	Winter: 333.67.28 Mob: 0664-5933284		yes	peter.jirak@aon.at peterjirak@gmx.at	
Plhak, Norbert	P.292 0241 Mob.0699-121601050			norbertplhak@gmx.at	
Schmidt, Yvonne	Mob.0680-2114266	no	yes	vschmidt@gmx.at	
Vacek, Peter	P.581 4905	No	no		
Vitvar, Tomas	O.2600-21741 Mob.0699-10537927			t.vitvar@iaea.org	
White, Elfriede	0699-12160609	No	yes	elfriedew@gmail.com	
Wonisch, Günter	P. 714.38.05	no	no	newonisch@aon.at	
Wittgrefe, Frits	P.920.34.80 Mob:0664-3813955	same	yes	frits.wittgrefe@chello.at	Before 10pm For urgent matters only

Fees

MEMBERSHIP FEES per calendar year					
Full: EUR. 20 Spouse: EUR.15 Children (up to 15 years): EUR. 8					
For larger families: EUR. 45 for the whole family					
Retiree: EUR. 15. Spouse of retiree: EUR. 10					

Hiking Club membership fees should be paid either in cash at the Annual General Meeting, or to the VIC Hiking and Mountaineering Club's checking account: BANKAUSTRIA 08373500100, Bankleitzahl (BLZ) 12000. For this purpose please fill in the membership form, which can be downloaded from the club's website (http://www.geocities.com/vichiking), and send it together with copy of your bank transfer confirmation to Irene Karpischek, room A-0708, e-mail: I.Karpischek@iaea.org . On the bank transfer slip or electronic bank transfer form please indicate as purpose of payment: "membership" AND YOUR NAME.

MEMBERSHIP IS OPEN ONLY TO PERSONS EMPLOYED WITH INTERNATIONAL ORGANIZATIONS OR DIPLOMATIC MISSIONS IN VIENNA AND TO RETIREES FROM VIENNA-BASED INTERNATIONAL ORGANIZATIONS

GUEST FEES FOR NON-MEMBERS				
PER HIKING DAY (double for weekends respectively)				
Adults: EUR. 3	dults: EUR. 3 Children (up to 15 years): EUR. 2			
For larger families: EUR. 8				
AFTERNOON + EVENING WALKS				
Adults: EUR. 2	Children (up to 15 years): participation free			
REGULAR GUESTS:	STS: EUR 30 per calender year gives you the same conditions as members			

Non-member fees will be collected on the day of the hike.

TRIPS BY PRIVATE CAR:

Reimbursement to car owner: EUR. 0.30 per kilometre divided among the passengers, including the driver. The cost per passenger is calculated by dividing the total mileage cost by the total number of passengers:

FEES FOR WEEKEND TRIPS:

In order to cover the expenses involved for the Club for weekend trips, the following fees will be collected from the participants attending weekend hikes:

Members: EUR. 5.-

Guests: EUR. 10.- (this includes the daily guest fee)

FEES FOR LONGER TRIPS: Members: EUR. 5.- /per 2 days

Guests: EUR. 10.- /per 2 days (this includes the daily guest fee)

Hike Ratings

We use a rating system for our hikes, distinguishing between the skill needed to participate in the hike, and the endurance which will be required. Each hike is given a letter as follows:

- A Each walk on easy ground; total amount of climbing not more than 300 m (1,000 ft)
- **B** Average hike through hilly forests; total amount of climbing not more than 600 m (2,000 ft)
- C Involves some climbing on steep, possibly slippery terrain; total amount of climbing not more than 1,000 m (3,300 ft)
- **D** Involves climbing on steep, possibly slippery terrain; total amount of climbing more than 1,000 m (3,300 ft). Where hikes involve a total difference in climbing altitude of more than 1,500 m (some 5,000 ft) this will be specifically mentioned
- **E -** Involves rock climbing on secured trails; head for heights and sure-footedness required (normally used in addition to a C or D hike)

To this letter we add a number giving the approximate number of hours spent walking, not including lunch breaks and other rest stops. Example: B5 designates an average hike with an actual walking time of 5 hours. Please note that the difficulty of a hike depends primarily on the weather and ground conditions on the day.

Hike Details

1. Sunday 4 October 2009, Dunkelsteinerwald - Wetterkreuzkirche

Class: B-4 ½, easy

Description: On our walk from mysterious Dunkelsteinerwald forest down to Traisen valley we will get our

bearings from two landmarks: Göttweig Abbey, the palatial hilltop Benedictine monastery; and the exposed Wetterkreuzkirche church, which should be avoided during thunderstorms. It caught fire by lightning three times. Finally we will visit one of the area's wine taverns to drink a glass of wine

in enchanting surroundings.

Route: Meidling im Tal (245 m) - Maria Ellend chapel (400 m) - Krustetten (lunch) - Wetterkreuzkirche

(367 m) - Wagram ob der Traisen - Traismauer (197 m)

Map: ÖK 25V sheet: 4323-Ost, St.Pölten und 4324-West, Herzogenburg

Meet: 7:50 a.m. railway station Wien Hütteldorf upper hall near the ticket counter. (Reachable by S45

or by **U4**, journey time Heiligenstadt-Hütteldorf 29 min., Schwedenplatz-Hütteldorf 22 min.) We can use the '**Einfach raus' ticket:** 2-5 persons for EUR 28, - a day. Please be in good time, group by 5 and buy it together. Erlebniszug Donau leaves for Passau at 8:13, arrives St. Pölten at

9:05, continue by R-train to Meidling im Tal

Return: 5:13 p.m. (or 7:13 p.m.) to Wien Heiligenstadt

Cost: About EUR 6,-with 'Einfach raus' ticket

Leader: Peter Jirak

Registration: By Friday, 2 October to leader by e-mail or phone

Note: Bring rainwear and refreshments, lunch will be taken at a Heurigen.

2. Sunday, 11 October 2009: Flatzer Wand

Class: B-5

Description: The Flatzer Wand (wall) belongs to 'Naturpark Sierningtal' near the Schneeberg

Route: Ternitz – Flatz (440m) – Flatzer Wand – Neunkirchner Hütte (720m), lunch – Gösing - Ternitz

Map: Freytag & Berndt, Wiener Hausberge No. 28

Meet: 8:45 a.m. at Wien-Meidling (U6 Philadelphiabrücke). Train leaves at 9:06 a.m. Buy return ticket

Wien/Liesing-Ternitz

Return: Ca. 5:30 p.m. Wien-Meidling Cost: Ca. €13.- with VorteilsCard

Leader: Peter Vacek

Registration: By Friday, 9 October to leader by phone **Note:** Hiking boots, bring drinks and snacks

3. Saturday, 17 October 2009: Cycling on the tracks of Joseph Haydn: Petronell – Rohrau - Eisenstadt

Class: Ca. 50 km, a little hilly

Description: We will visit the house where the composer J. Haydn was born (Rohrau), from there we cross the

Leithagebirge to the Neusiedler See region. In Eisenstadt we will see the castle of the

Eszterhazy family and the house where Haydn lived for 12 years.

Route: Petronell – Rohrau – Bruck an der Leitha – Winden – Purbach – Donnerskirchen - Eisenstadt

Map: Bikeline: Radatlas Rund um Wien and Burgenland

Meet: 8:00 a.m. Bahnhof Wien Mitte (directly on the platform). S-Bahn to Wolfsthal leaves at 8:17 a.m.

Buy single ticket to Petronell. You may also leave from Praterstern or join at Rennweg,

Geiselbergstraße etc.

Return: By train from Eisenstadt at 6:49 or 7:49 p.m., arriving at Vienna Suedbahnhof 75 minutes later

(change in Neusiedl)

Cost: Train tickets ca. € 10.-, transport of bicycle € 2,90 (Fahrradtageskarte); some entrance fees,

lunch.

Leader: <u>Christine Colella</u>

Registration: By Thursday 15 October to leader by phone or email

Note: Bring rainwear, drinks!

4. Sunday, 18 October 2009, Öhler & Schober (1213 m) - Autumn Colours

Class: C-5 ½ medium, ascent/descent 750 m, short stretches steep and stony

Description: A pleasant circular walk through woodland and over two summits to view the autumn colours. We

start in Puchberg am Schneeberg, walk along a stream and climb a trail to Öhler Schutzhaus. Then up the ridge and over the tops of Öhler and Schober. There we take a break with fine views. Then we go down a stony path and over mountain pastures to Berggasthof Mamauwiese with regional specialities from grandma's cook book (www.mamauwiese.at). Via Römerweg trail back

to Puchberg.

Route: Puchberg (585 m) - Sierningbachtal - Haltberghof (638 m) - Öhler Schutzhaus (1028 m) - ridge

hike over Öhler (1183 m) & Schober (1213 m) - Schober Kapelle - Gh. Mamauwiese (957 m) late

lunch - Römerweg - Unternberg - Puchberg am Schneeberg

Map: Freytag & Berndt WK 012, Gutensteiner Alpen; ÖK 25V 75, Puchberg/Schn

Meet: 7:40 a.m. Wien Meidling/U6 Philadelphiabrücke, ticket counter. We can use the Minimax VC

ticket: for 2-5 persons, two of them need a VorteilsCard. Please be in good time, group by 5 and buy it together: Wien Liesing - Puchberg am Schneeberg return. EC-train leaves at 8:03 arriving Wiener Neustadt at 8:28; R-train for Puchberg am Schneeberg departure at 8:37 arrives at 9:23

a.m

Return: Wien Meidling at 7 p.m.

Cost: About EUR 9,- Minimax VC ticket

Leader: Peter Jirak

Registration: By Thursday, 15 Oct. to leader by e-mail or phone

Note: Waterproof and warm clothing, hiking boots; take with you anorak, cap, gloves and hiking poles;

some drinks and snacks.

5. Long weekend 23-26 October 2009: Murau area

Class: B and C, brisk pace.

Description: The Murau area is a typical hill-farming area which has become a forerunner in sustainable

development in Austria. Beautiful mixture of farm and forest, great views of the Seetaler Alpen

and the Tauern (if the weather plays along).

Route: Friday 23 October: Teufenbach – St Blasen – Mühlsteinboden B3 + C2.

Saturday 24 October: St Blasen – Grebenzen – St Blasen C6. Sunday 25 October: St Blasen – Karchau – St Blasen B 4-5.

Monday 26 October: St Blasen – Mariahof B3.

Map: Österreichische Karte 1:50.000 4225, 4226 (sheet numbers of new map series).

Meet: Wien Meidling station hall, 23 October, 08.15. Train to Lienz leaves at 08.30 (we change at

Unzmarkt). Buy a single ticket to Teufenbach.

Return: Wien Meidling, 26 October, 16.58.

Cost: Train tickets with VorteilsCard: EU 42; 3 overnights (self-catering apartments): about EU 60-75,

depending on number of people per flat (max 4). Meals. Weekend fee.

Leader: Paul Hesp

Registration: Paul Hesp, by e-mail or phone **before 3 October**.

Note: - Bring torch

Maximum number of participants: 10.

This is a backpacking weekend – do not bring suitcases.

- We may have brilliant autumn weather, but be prepared for wintry conditions - St Blasen

is at 1100 m, you never know.

- Breakfast can be ordered at the flats.

6. Sunday, 25 October 2009: Waxeneck

Class: B-5

Description: The Waxeneck is a wooded ridge between the Piestingtal and Triestingtal. We could have a

good view to Schneeberg and Dürre Wand

Route: Pottenstein (324m) – Waxeneck-Haus (785m), lunch – Feichtenbach – Pernitz (430m)

Map: Freytag & Berndt, Wiener Hausberge, No. 12, 13

Meet: 8:15 a.m. Wien-Meidling (U6 Philadelphia Brücke) at ÖBB ticket counter. Train leaves at 8:36

a.m. Change in Leobersdorf 9:07 a.m. Please be on time so that we can take the

Einfachrausticket (up to 5 persons for €28) for the whole day, group by 5 and buy the ticket

together

Return: 6:00 p.m. at Wien-Meidling

Cost: At least €6,50 (Einfachrausticket) for return train ticket

Leader: Peter Vacek

Registration: By Friday, 23 October to leader by phone **Note:** Hiking boots, bring drinks and snacks

7. Saturday, 31 October 2009: Cultural walk St. Marxer Friedhof

Class: A-2

Description: This is the only cemetery preserved from the Biedermeier era. The picturesque grounds dating

back to the 18th century are a peculiar and impressive combination of cemetery and park. The

main attraction is the burial place of Wolfgang Amadeus Mozart.

Meet: 2:30 p.m. at cemetery entrance, Leberstrasse, 1110 Vienna. Can be reached by 71 tram from

Schwarzenbergplatz, stop Litfass Strasse.

Return: 4:30 p.m. to tram stop 71 **Cost:** Public transportation tickets

Leader: Christine Colella

Registration: By Thursday, 29 October to leader by e-mail or by phone

Note: If the weather is very bad, please call hike leader between 1:00 and 1:30 p.m. for information re

cancellation/postponement

8. Sunday, 1 November 2009, Stadtwanderweg 8, Sofienalpe

Class: B 3-4

Description: Stadtwanderweg 8 Sofienalpe

(http://www.wien.gv.at/umwelt/wald/freizeit/wandern/wanderweg8.html)

Route: Gasthof Grüner Jäger – Mostalm – Sofienalpe – Kolpeterberg – Gasthof Grüner Jäger

Map: Wienerwald Atlas or F&B Wienerwald map

Meet: 10:15 a.m. Hütteldorf (U4, Schnellbahn) exit Keisslergasse, bus 249 leaves at 10:30 a.m.

Return: Ca. 2:30 p.m. at Gasthof Grüner Jäger, where we have a late lunch, bus to Hütteldorf (U4 and

Schnellbahn) leaves from Gasthof Grüner Jäger every half hour.

Cost: bus fare euro 1.80 one way (however might be included in U-Bahn ticket)

Leader: Yvonne Schmidt

Registration: Friday, 30 October 2009

Note: Pls bring snacks and drinks, late lunch. If you wish to go by car you can drive to Gasthof Grüner

Jäger and meet the group there. Group arrives at 10:46 a.m.

9. Sunday, 8 November 2009, Hocheck (1037 m)

Class: C-5, easy, ascent 650 m

Description: Nice and easy mountain hike leading to a 'modest' summit, the nearest 'Tausender' in Vienna's

surroundings. The trails are mainly in the forest but offer some nice viewing spots

Route: Altenmarkt an der Triesting (405 m) - Wieshofersteig - Hocheck (1037 m), Schutzhaus hut

(lunch), lookout tower - Mittagskogel - Prinzwiese (700 m) - Guglhof (580 m) - Niemthal -

Weißenbach an der Triesting (353 m)

Map: Freytag & Berndt WK 012, Triestingtal-Hohe Wand; ÖK 25V sheet 57, 75

Meet: 8:15 a.m. Wien Meidling/ U6 Philadelphiabrücke, ticket counter. We can use the Einfach-Raus-

Ticket: 2-5 persons for EUR 28,- a day. Please be in good time, group by 5 and buy it together.

R-train for Wiener Neustadt leaves at 8:36 a.m. arriving Leobersdorf at 9:03. R-train for

Weißenbach-Neuhaus Departure at 9:07 and arriving there at 9:37. By taxi bus from Weißenbach

to Altenmarkt an der Triesting

Return: 5:30 p.m. to Wien Meidling

Cost: About EUR 10,- Train fare with Einfach-Raus-Ticket and taxi bus.

Leader: Peter Jirak

Registration: By Thursday, 5 Nov. to leader by e-mail or phone. I have to order a taxi bus for you

Note: Clothing according to weather conditions, wear good hiking boots, take with you anorak, cap,

gloves, hiking poles, torch or headlamp, Thermos flask.

10. Wednesday 11 November: Crispy duck evening walk

Class: A1

Description: It's MartinigansI day, but goose may not be everyone's Martini. If that is the case: join me for

crispy duck at a very nice Chinese restaurant!

Route: Salmannsdorf-Michaelerwald-Schafberg-Gersthof.

Map: Österreichische Karte 1:50.000, sheet Wien-Umgebung.

Meet: 18.00, terminal 35A bus, Salmannsdorf.

Return: Around 21.00 hrs by no 40 tram.

Cost: Public transport tickets. Dinner will cost EU 20-30, depending on your appetite.

Leader: Hesp, Paul

Registration: By 4 November to the hike leader, indicate whether you will eat duck so I can order in advance.

Maximum number of participants: 10.

Note: Bring torch, we will walk through pitch-dark woods. Apart from duck, there is a full range of

Chinese food, including vegetarian. Those who register as duck eaters must not change their

mind when they see the menu. Decent wine list.

11. Saturday, 14 November 2009: Cultural Walk "On the tracks of Joseph Haydn"

Class: A-2/3 (cultural walk)

Description: Joseph Haydn (1732-1809) was one of the most prominent composers of the classical period.

He is considered as the "Father of the Symphony" and "Father of the String Quartet". In 2009 Austria celebrates the 200th anniversary of his death with concerts and exhibitions. On this

cultural walk we shall look for the tracks of Joseph Haydn in Vienna.

Route: To be decided later

Map: n.a.

Meet: 2:00 p.m. at Michaelerplatz (Entrance Michaelerkirche, 1010 Wien).

Return: End of tour at around 5:00 p.m.at the Haydn Haus, 1060 Wien, Haydngasse; we may have a get-

together in a nearby Gasthaus or coffee house.

Cost: Public transport tickets

Leader: Christine Colella

Registration: By Thursday, 12 November 2009

12. Sunday, 15 November 2009: Martini hike to Valtice, Czech Republic

Class: A-3 ½

Description: Walk through the Liechtenstein woods from Breclav (CR) to Valtice, where the Liechtenstein

family owned a beautiful baroque castle and park. According to an Austrian custom (which was, and still is, practiced in Bohemia and Hungary) we will eat goose, the speciality for St. Martin's

day. After a late lunch, return by a small train to Breclav.

Route: Breclav – Liechtenstein woods - Valtice

Meet: 8:10 a.m. Bahnhof Floridsdorf near ticket counters (U6/S-Bahn); train departs at 8:26. We can

use the 'Einfach raus' ticket: 2-5 persons for EUR 28, - a day. Please be in good time, group by

5 and buy it together.

Return: From Valtice by local train to Breclav, train from Breclav to Vienna at 6:25 p.m., arriving at

Floridsdorf at 7:37.

Cost: Ca. € 10.- for train ticket (group ticket), plus lunch (can be paid in Euros).

Leader: Christine Colella

Registration: By Thursday, 12 November, to leader by email or by phone

Note: Bring passport; Czech money an advantage

13. Sunday, 22 November 2009: Kaltenleutgeben - Heiligenkreuz - Baden

Class: A-4 or B-5 ½, easy

Description: A stroll through history and nature. Starting from the Liesing valley, we climb up a wooded ridge

to an outstanding viewpoint. We enjoy vistas over the rolling hills of the Vienna Woods with Schneeberg on the horizon. Then we explore an idyllic landscape of undulating pastures interspersed with open woodland. Finally we follow a meandering stream to reach Heiligenkreuz

and its 12th-century Cistercian Abbey. Here you have two options:

1. Visit the monastery and take the bus from Heiligenkreuz to Mödling railway station. 2. If you

are keen to do a longer hike -1 ½ hours more - continue the hike via Siegenfeld to Baden/Rauhenstein; from there we join the city bus to railway station Baden.

Route: Kaltenleutgeben Ellinggraben (400 m) - Sulzer Höhe - Schöffel-Hütte, 590m-Rohrberg - Gasthof

Dornbacherhof (lunch) - Heiligenkreuz (312 m) - Siegenfeld (357 m) - Schwarzberg - Helenental -

Rauhenstein (255 m)

Map: Freytag & Berndt WK 011 Wienerwald; ÖK25V sheet 5325-West/-Ost

Meet: 8:25 a.m. Bahnhof Wien Meidling/U-6 Philadelphiabrücke, ticket counter.

R-train to Wiener Neustadt leaves at 8:36 and arrives Liesing at 8:42.

Bus 255 for Kaltenleutgeben leaves at 9:07 a.m.

Return: About 6 p.m. Wien Meidling

Cost: About EUR 6,- train and bus fare

Leader: Peter Jirak

Registration: By Thursday, 19 Nov. to leader by e-mail or phone.

Note: Clothing according to weather conditions: cap, gloves; if you join the B-5 ½ hike you will need a

torch or head lamp; please wear good hiking boots. Bring thermos and snacks.

14. Sunday, 29 November 2009: Mauerbach - Salmannsdorf

Class: B 4 - unhurried

Description: This is a nice and easy hike in the northern part of the Vienna woods – though with one arduous

ascent

Route: Mauerbach – Allerheiligenberg – Steinbach – Toiflhütte (lunch) – Weidlingbach – Hameau –

Salmannsdorf (possibly Heuriger)

Map: Wanderatlas Wienerwald sheet 7

Meet: 9:15 outside Bahnhof Hütteldorf, at bus station, bus leaves at 9:30

Return: 16:00 Salmannsdorf terminus bus 35A

Cost: 1,80 for bus
Leader: Maria Hofmann

Registration: By 27 November to hike leader by e-mail or phone

Note: Wear good hiking boots, eventually sticks, clothing, raingear according to weather forecast,

drinks and snacks. Path could be icy or muddy

15. Tuesday, 1 December: On the Trails of Enlightenment: Report and Slide show on an expedition to Nepal and Tibet

Description: Christine Colella will report on her adventurous trip to Nepal and Tibet. After a short stay in

Kathmandu we fly to Simikot, the province of Humla, situated in the Northwestern corner of Nepal. After a 6-day trekking tour through the Humla Karnali valley (between 2500 and 4600m), we cross the border to Tibet. Highlight of the trip is the 3-day Parikma (Kora), the walk around Kailash, the holiest mountain for Hindus and Buddhists. This pilgrimage is complemented by a bath in Manasarovar Lake, a must for those who make the effort to travel to this remote area. This is followed by a two days trip to the Kingdom of Guge, a centre for Buddhism between the

10th and the 17th centuries.

Venue: Österreichischer Gebirgsverein, 1080 Wien, Lerchenfelderstrasse 28, 4th floor (no lift). Nearest

subway station: U-2/U-3 Volkstheater

Time: 7:00 p.m.

Cost: No cost, but a voluntary contribution for room rental would be welcome

Leader: <u>Colella, Christine</u>

Registration: Possibly until Friday 27th November with Christine by phone or e-mail! This is necessary to

confirm the room rental. If you want to go to a nearby restaurant after the show please let

Christine know so that pre-arrangements can be made.

Please register by email or by phone.

16. Sunday, 6 December. 2009, Wilhelmsburg - Plambachecker Höhe - "Grünauer Advent"

Class: A-3, easy; could be windy!

Description: Hill walking between the Traisen- and Pielach valley. Farmers have cultivated this natural

woodland for 1000 years and created a varied and beautiful landscape. On our gentle stroll at a height of 500 m we will enjoy the interplay between meadows and scattered woodland. The Grünauer Advent Market offers you numerous booths with a lot of regional delicacies and a

cultural programme.

Route: Wilhemsburg Hst. Kreisbach (340 m) - Sonnenberg - Graßberg - Dreihöf - Wieshof -

Plambachecker Höhe 623 m) - Hofstettner Berg - Hofstetten 317m (lunch) - "Grünauer Advent"

on the church square

Map: ÖK25V sheet 55, Obergrafendorf + 56, St. Pölten

Meet: 7:30 a.m. Wien Westbahnhof, near ticket counter. We can use the Minimax VC ticket: for 2-5

persons, two of them need a VorteilsCard. Please be in good time, group by 5 and buy it

together: Purkersdorf-Sanatorium to Kreisbach, and back from Hofstetten-Grünau to Purkersdorf-

Sanatorium.

IC-train leaves at 7:44, (Wien Hütteldorf at 7:52) arriving St. Pölten at 8:26. Change to ÖBB-bus

departure at 8:35 - arrival in Kreisbach at 9:00.

Return: Wien Hütteldorf at 7:30 p.m.

Cost: About EUR 9,- train fare with Minimax VC ticket.

Leader: Peter Jirak

Registration: By Friday, 4 December to leader by email or phone.

Note: Clothing according to weather conditions: Anorak, cap, gloves; please wear hiking boots. Bring

thermos and snacks.

17. Saturday, 12 December 2009: X-mas in Bratislava

Class: A2-3

Description: We will do a 2-3 hour slow city hike, go up the castle hill, and explore the nicely renovated 1st

district with two very nice X-mas markets, with Slovak specialities.

Route: -

Meet: Südbahnhof at the temporary ticket counter, 13.15 pm Train leaves 13.28

!!! watch the hiking club website. Time and place might change due to reconstruction of

Südbahnhof.

Return: 19.58 (or 20.58)

Cost: Take a euro-region ticket for 14 euro.

Leader: <u>Wittgrefe, Frits</u>

Registration: To frits.wittgrefe@chello.at before 5 Dec

Note: Don't forget your passport. If you need a visa for Slovakia, plse arrange in time.

18. Sunday, 13 December 2009: Südlicher Wienerwald Höllenstein

Class: B-4 ½

Route: Rodaun – Parapluiberg – Seewiese – Höllenstein (645m), lunch – Kaltenleutgeben – Bus to

Liesing

Map: Freytag & Berndt, Wienerwald-Atlas, No. 19

Meet: 9:30 a.m. at Rodaun (end of Tram 60)

Return: Ca. 5:00 p.m. to Liesing

Cost: Public transport ticket, Ca. EUR. 3.- for bus

Leader: Peter Vacek

Registration: By Friday, 11 December to leader by phone

Note: Hiking boots, clothing according to the weather forecast

19. Sunday, 20 December 2009: Pfaffstättner Kogel and Anninger

Class: B-4

Description: A pre-Christmas hike to the southern Vienna Woods

Route: Pfaffstätten – Pfaffstättner Kogel (541m) – Rudolf Proksch Hütte (lunch) – Anninger –

Wilhelmswarte (675m) - Kalenderweg - Gumpoldskirchen

Map: Wienerwald Atlas, sheet 17 and sheet 19

Meet: At 8:50 a.m. at Bahnhof Meidling (U6), ticket counters; train departs at 9:08 a.m.; buy return

ticket to Pfaffstätten (2 zones from Wien Liesing)

Return: Depending on Heuriger at Gumpoldskirchen, between 5:00 and 7:00 p.m.

Cost: Ca. €5.- for train ticket (with Vorteilscard); Lunch in hut; Heuriger

Leader: <u>Christine Colella</u>

Registration: By Thursday, 17 December, to hike leader by email or by phone **Note:** Clothing according to weather forecast; snow possible (desirable)

20. Saturday, 2 January 2010: Wienerwald

Class: A/B-4

Description: Winter walk in the Wienerwald

Route: U3 Ottakring – Jubiläumswarte – Schottenhof – Rieglerhütte – Sophienalpe – Mostalm –

Vorderhainbach – Gasthaus Grüner Jäger – bus to Hütteldorf

Map: Wienerwald Atlas F & B

Meet: 9:30 a.m. at U3 Ottakring (end station) on the platform as you exit the train.

Return: Approx. 3:30 p.m. to Wien Hütteldorf U4 station

Cost: Public transport
Leader: Günter Wonisch

Registration: By 31 December to hike leader by phone or e-mail to newonisch@aon.at

Note: Please wear warm clothing according to the weather forecast and bring drinks and snacks. Late

lunch will be at the end of the hike in a Gasthaus.

21. Sunday, 10 January 2010: Bisamberg

Class: A 4 - unhurried

Description: If it is cold, I'll bring some Schnaps!

Route: Stammersdorf – In den Gabrissen – Senderstraße – Magdalenenhof – Hagenbrunn "My Way",

lunch at a Heuriger - Stammersdorf

Map: Wanderatlas Wienerwald sheet 3

Meet: 9:30 a.m. Bahnhof Floridsdorf (terminus of U-6) ticket counters

Return: Ca. 5:00 p.m. to Bahnhof Floridsdorf U-6

Cost: Tram ticket

Leader: Maria Hofmann

Registration: By 8 January to hike leader by e-mail or phone

Note: Wear good hiking boots, poles (path could be icy) and warm clothes. Wear good shoes as there

might be snow, and warm clothing. Take snacks, drinks

22. Sunday, 17 January 2010, Klosterneuburg - Windischhütte

Class: B-4 ½, easy

Description: A scenic loop along the gentle hills of the northern Vienna Woods. We'll walk up from the

vineyards and orchards of Klosterneuburg and then enter the endless forests of Nature Park

Eichenhain.

Route: Klosterneuburg (192 m) - Buchberg - Naturpark Eichenhain - Windischhütte, 497 m (lunch) -

Managettasteig - Klosterneuburg-Weidling

Map: Freytag & Berndt WK 011, Wienerwald; ÖK 25V sheet 5319-Ost, Klosterneuburg

Meet: 9:10 a.m. U4 terminus Heiligenstadt, near exit to the buses. Bus 239 leaves at 9:30 for Maria

Gugging Lourdesgrotte arriving Klosterneuburg, Marienheim at 9:52 a.m.

Return: About 5 p.m. Wien Heiligenstadt

Cost: EUR 3,60
Leader: Peter Jirak

Registration: By Friday, 15 January to leader by e-mail or phone

Note: Clothing according to weather conditions, wear hiking boots, take with you anorak, cap, gloves,

hiking poles, Thermos flask.

23. Friday 22- Monday 25 January 2010: Snowshoeing Maria Waldrast

Class: B-3, 3 times B/C 5-6

Description: An enjoyable long weekend in the snow! Our base camp is the monastery of Maria Waldrast at a

saddlepoint at 1600 meters in Tirol. It is a beautiful plateau and every day we will go in a different direction. If you want to take one day off or want to go cross country skiing or so, that is also

possible. Also ok for snow shoe beginners. Good condition is required.

Route: We will go in different direction every day.

Meet: 6.40 am WestBhf ticket machines downstairs. Train to Innsbruck leaves 6.57

Return: Monday 21.48 pm

Cost: Train ticket to Matrei an Brenner and back. Share the taxibus. 5 euro club fee (10 euro for non

members). 3 overnights in the monastery, less than 40 euro per person per night Halbpension.

Leader: Wittgrefe, Frits

Registration: To frits.wittgrefe@chello.at before 1 January

Note: Bring snow shoes, poles, winter clothing. Maximum 12 persons. For more info on snow shoe hiking

(where to hire etc) plse read the special section on this website. Train times might change due to

new schedule 2010.

24. Sunday, 31 January 2010: Anninger

Class: B- 4 ½

Description:

Route: Mödling train station – Goldene Stiege – Anninger Schutzhaus (669m), lunch – Kegelstatttweg -

Gumpoldskirchen

Map: Freytag & Berndt, Wienerwaldatlas, No. 19

Meet: 9:15 a.m. at Wien-Meidling (U6 Philadelphiabrücke). Train leaves at 9:36 a.m. Buy single ticket

from Wien-Leising to Mödling and for the return trip from Gumpoldskirchen to Wien

Return: Ca. 5:00 p.m. at Wien-Meidling

Cost: Ca. €4.- with VorteilsCard

Leader: Peter Vacek

Registration: By Friday, 29 January to leader by phone

Note: Hiking boots, clothing according to the weather forecast

25. Friday 26 February – Monday 1 March 2010: Snowshoeing at the Tauplitzer Alm

Class: B3, 3 times BC5-6

Description: An enjoyable long weekend in the snow! Our base camp is the Linzerhaus at the

Tauplitzeralm (http://www.tauplitzalm.at/linzerhaus/). It is a beautiful plateau and every day we will go in a different direction. If you want to take one day off or want to go cross country skiing,

that is also possible. Also OK for snow shoe beginners. Good condition is required.

Route: We will go in a different direction everyeach day and explore the Tauplitzeralm plateau together.

Map: Map 97

Meet: Südbahnhof at the temporary ticket counter, Friday 26 Feb 8.05 a.m. Train leaves at 8.23

(Leoben).

Return: Monday 21.35 pm

Cost: Train ticket to Bad Mitterndorf and back. Share the bus or taxibus. 5 euro club fee (10 euro for

non members). 3 overnights in the hut, 32 euro per person per night Halbpension with

Alpenverein.

Leader: Wittgrefe, Frits

Registration: To <u>frits.wittgrefe@chello.at</u> before 1 Feb.

Note: Bring snow shoes, poles, winter clothing. Maximum 12 persons. Bring your Alpenvereinskarte if

you have one. For more info on snow shoe hiking (where to hire etc) please read the special section on this website. Map 97. Train might change a bit due to new schedule in 2010.

ADVANCE NOTICES

Ad-hoc snow show hikes Announced by e-mail

July 2010 S. Fisher- Canadian Rockies: Jasper & Lake Louise National Parks

Pinggera for information call Susanne Fisher Pinggera: +43 1 320 54 02

Other Information

OBTAIN THE CIRCULAR

On the Internet:

The programme is available on the Internet at the following address:

http://www.geocities.com/vichiking

By e-mail:

All members and friends who do not have access to the VIC hiking club web page can have the circular dispatched by e-mail as an MS Word or pdf file. Please send your e-mail address to Christine Slater C.Slater@iaea.org room A2285

By mail:

Members and friends who wish to have the circular mailed to their home address should also inform Christine Slater (phone: O. 2600-26059). Costs for envelope and postage for all programmes for one year: EUR. 4,-. To be paid at the Annual General Meeting or to the Club's bank account: BANKAUSTRIA 08373500100. Please state under purpose of payment: 'postage' AND YOUR NAME.

FOR TRAVELLERS ON AUSTRIAN TRAINS:

If you travel more than 1,500 km a year we recommend that you buy a VORTEILSCARDS card; it costs EUR. 99.90/year (EUR. 26.90 for retirees as of the age of 60 for women and 65 for men) and entitles you to a 45-50 percent reduction on all train rides in Austria. 50% reduction if you order the ticket over the Internet or you buy it at a ticket machine (available at the train stations), 45% if you buy the ticket at the ticket counter. If you are a member of any of the alpine associations (see below) you can order the VorteilsCard through them with a 20% reduction. Please inquire directly with the associations.

Train tickets: If you hold a ticket or weekly/monthly/yearly card for the Vienna public transportation system (Wiener Linien) you buy the train ticket from and to Stadtgrenze instead of from and to Vienna. The Stadtgrenze (border of town) is the zone up to which your tram ticket is valid. Most hike leaders indicate which train tickets you should buy, the name of the Stadtgrenze is indicated in parenthesis, so that you can find it more easily on the ticket machines. If you buy the ticket at the counter you can just ask "from and to Stadtgrenze". For trains leaving from Südbahnhof the Stadtgrenze is "Wien-Liesing", for trains leaving from Westbahnhof the Stadtgrenze is "Wien-Purkersdorf Sanatorium".

Tickets for groups:

'Einfach raus' ticket: 2-5 persons for EUR 28, - a day. Please be in time, group by 5 and buy it together and stay together for the whole day. This can only be used on regional trains 'R…'.

'Minimax ticket': 2 – 6 persons, price varying according to destination and number of persons. You also have to stay together for the trip.

BICYCLE INSURANCE:

Interested persons may wish to consult the web pages of OEAMTC or ARGUS Fahrradbüro. (web addresses see below)

BICYCLE TRIPS:

Please make sure that your bicycle is in good condition! Take a reserve inner tube! Do not bring bicycles with small wheels. Bikes can be taken on trains marked with the bicycle symbol for EUR. 2.90 per day (Fahrradmitnahmekarte), in any direction. For transportation with reservation of bicycle on Intercity trains marked with the bicycle symbol the cost is EUR. 6.80. Advance reservation is recommended. Those who have a VorteilsCard will obtain a block of 3 tickets (free) for the transport of bicycles together with their new VorteilsCard. A detailed brochure on transportation of bicycles is available at major train stations. Information, advice, bike routes, maps etc. can be obtained from: ARGUS Fahrradbüro, A1040 Vienna, Frankenberggasse 11, Telephone: 505 09 07. Website: www.argus.or.at

FOR THOSE INTERESTED IN HIGH ALPINE TRIPS:

We recommend becoming a member of the "Österreichischer Alpenverein" or a similar Alpine association (Naturfreunde, Österreichischer Touristenklub); you get a 50 percent reduction on accommodation in mountain huts and other privileges - and you support an institution that maintains a mountain trail and shelter system with due consideration of ecological issues. The yearly membership fee (EUR. 48 with reductions for family members, senior citizens and students) also includes a world-wide accident insurance. Your membership fee also includes a "Hüttenmarke" that entitles you to membership privileges in mountain huts that are owned by other Alpine associations. Further information can be obtained from hike leaders.

USEFUL INTERNET LINKS:

Alpine Associations

Alpenverein: http://www.alpenverein.at/ Naturfreunde: http://www.Naturfreunde.at/

Österreichischer Touristenklub: http://www.touristenklub.at/

Miscellaneous

Niederösterreich-Card: http://www.niederoesterreich-card.at/ provides considerable reduction on tickets or free entry

to museums, cable cars and other touristic facilities in Lower Austria

Itinerary with public transport: http://www.vor.at/

OEBB: http://www.oebb.at/ OEAMTC: http://www.oeamtc.at/

ARGUS Fahrradbüro: http://www.argus.or.at/Information about huts, weather, books, etc:

http://www.publish.at/trekking/default.htm

Below are the telephone numbers and websites of all the Austrian autobus companies, by province:

. Verkehrsverbund Ost: 0810-222324, http://www.vor.at

- . Oberösterreich: 0810-240810, http://www.ooevv.at/
- . Steiermark: 0316-812138-0, http://www.verbundlinie.at/
- . Kärnten: 0463-500830, http://www.kaerntner-linien.at/start.htm
- . Salzburg: 0662-632900, http://efa.svv-info.at/svv/index_de.htm
- . Tirol: 0512-561616, http://www.vvt.at/
- . Vorarl: 05522-83577-0, http://www.vmobil.at/
- . NÖ-Burgenland: 0800-240280, no website

IMPORTANT!

We would like to draw your attention to the fact that neither the Club itself nor any of its officers or hike leaders, individually or collectively, can be held responsible for any injury to, and/or disablement or death of a participant during the course of any activity organized by, or on behalf of the Club. Accordingly, participation is at your own risk. Please also note that it is inadvisable to bring along small children.

EQUIPMENT

Good hiking boots, comfortable clothing appropriate to the weather forecast (e.g. waterproof jacket, overtrousers, fleece, gloves, hat, sunglasses); some provisions such as biscuits, nuts and/or chocolate for emergencies, drink, identity card, head lamp or torch, map and compass, survival bag for alpine walks. Lunch will usually be taken in a Gasthaus or Hütte, but you are encouraged to bring along some snacks just in case.

REGISTRATION

For one-day hikes:

minimum 2 days before the hike to the hike leader/contact person, unless otherwise specified in the programme.

For trips over several days:

deadline of registration is specified in the programme. Please also provide telephone number of where you will be, in case of last minute cancellation by leader.

In case of limited participation:

priority will be given to club members.

MINIMUM PARTICIPATION: 3 people, excluding the hike leader, are required in order to make it an official hike. If there are fewer participants, it is up to the hike leader to either cancel or declare it as a private hike.

CANCELLATIONS IN CASE OF FINANCIAL COMMITMENTS

For one-day hikes with hired bus:

Minimum 3 days before the hike: at no charge, provided the overall costs are met.

Shorter notice: bus costs have to be charged unless a replacement is found.

For trips over several days involving reservation of accommodation, buses, etc.:

Terms of cancellation are stated separately in the programme.

EXCLUSION OF PARTICIPANTS:

The hike leader is entitled to exclude persons from participation at any time before or during the hike (from places where public transport is available or can be reached on easy walking trails) on the grounds of inappropriate equipment or insufficient physical condition.

Hikers must be in good health. Hikers with special health conditions or who require special medicine should mention this to the hike leader before the hike begins. We encourage all hikers to have the tick vaccination and keep it valid.